




Unlimited Scope of Homoeopathy

Dr B S Johri

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- 
- ▶ I am grateful to my teachers
 - ▶ Dr Balraj Bhatnagar
 - ▶ Dr M L Agarwal
 - ▶ Dr L M Khan
 - ▶ Dr Prafull Vijayakar
 - ▶ MY PATIENTS

“

Prescribing in Homoeopathy is Science and Art. But it is a difficult Art. *Good case taking, sound knowledge of Materia Medica and skilful use of reference books* are three prerequisites.

Dr S R Phatak



“

No one can know everything and this is why in all honesty one must admit that no conscientious homoeopathic doctor can practice homoeopathy in a *serious and really scientific way without a repertory.*

Dr Pierre Schmidt





Case of Mania



Mania

- Mania is an abnormally elated mental state, typically characterised by feelings of euphoria, lack of inhibitions, racing thoughts, diminished need for sleep, talkativeness, risk taking and irritability. In extreme cases, mania can induce hallucinations and other psychotic symptoms.

Presenting complaints

- ▶ A 60 years old female, Mrs X, came to u on 9th January, 2014 who was total disoriented. She was continuously singing religious bhajans and ramayana chopaiyan, dancing and was sometime abusive.

Presenting complaints

- She was repeating “Pitaji” at the end of every single sentence and even remembered the names of the homoeopathic medicines which were laid given to her and kept on repeated chanting them, as in, “Kali carb pitaji, Kalphos pitaji, Mag mur pitaji, Causticum pitaji. She was not sleeping at all in night too.

Presenting complaints

- The first episode of this attack came about 10 years back for which she was given injections in mental hospital and thereafter she kept apparently well for years.



Past History

- She suffered with recurrent sore throats and fever since childhood and was later operated for DNS. She also had a history of four miscarriages.



Physical Generals

- She was generally thirsty and constipated. Her tongue was purplish and she felt suffocated in tight clothing.

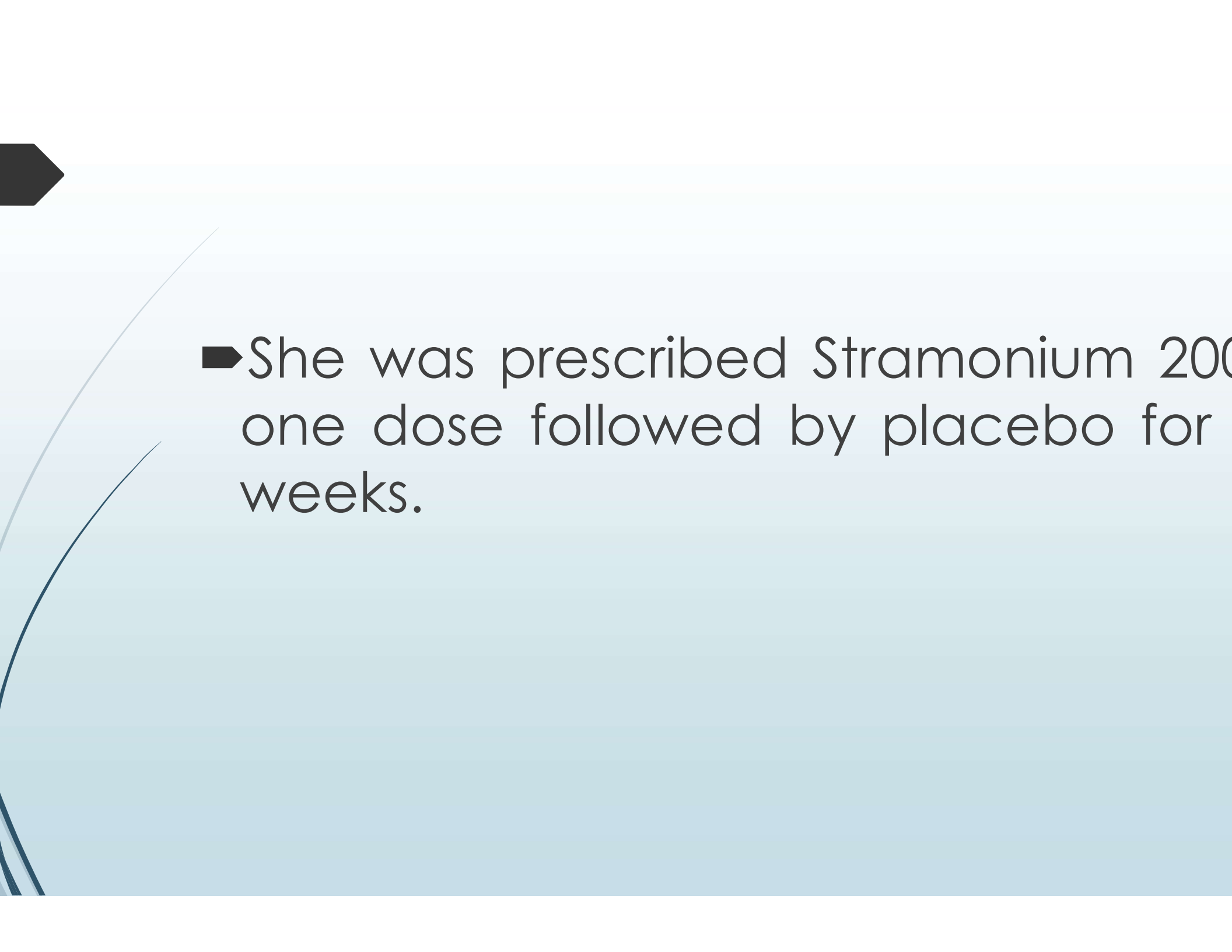
Mental Generals

- She was a very affectionate and sympathetic lady, used to go out of the way to help. She even used to steal money from her husband's pocket and help others. She was very particular for cleanliness and had washing mania since beginning.
- She completed M.A. in Hindi and always wanted to work but husband didn't allow her to do so.



Observation

- Her eyes were wide open as if frightened. She made verses and in a way had clinging to her father as at the end of every sentence she used to add “Pitaji”.

- 
- She was prescribed Stramonium 200 one dose followed by placebo for weeks.



Follow up

- Patient's son came after 5 days of giving medicine complaining that she is not sleeping at all and talking continuously. She was given some additional doses of placebo for sleep.



Follow up

- Patient herself came after 2 weeks and was observed that her “frightened wide open eyes” were better. So placebo was given for another 2 weeks.



Follow up

- Again after 2 days patient's son came and reported that she is complaining of pain in right ear. So again few additional doses of placebo were given.



Follow up

- After 2 weeks patient came on 8 February, 2014 and was much better, calm, in, was calmer, spoke less though was still repeating, singing and dancing. She was again given placebo.



Follow up

- On 28th February, 2014 it was reported by her husband that her sleep was better and talking and singing were also reduced.



Follow up

- Last she visited on 9th May, 2014. this time she sat calmly and answered the questions asked. Her orientation was also normal.



Case of Alopecia totalis

Presenting complaints

- ▶ A 27 years old female came to us on 13 May, 2015 with complete hair loss from head, eyebrows, eyelashes since 5 years of age. Since then she had taken different types of treatment but with no relief.



Past History

- Haemorrhoids since 10 years of age mainly after fevers.



Physical Generals

- Desires – only salty food
- Perspiration – profuse, sweating during eating especially on nose and forehead.
- Sleep – non-refreshing



Sensitivity

- Sun – on exposure to sun she use to have headache and white patches on skin
- Teeth – cavities since childhood




Mental Generals

- She was an introverted person, not having any friend circle.
- Since beginning there was stressful atmosphere at her home because of fights between parents. She was very sensitive and was depressed due to the situation.

Mental Generals

- ▶ During anger she wanted to remain alone.
- ▶ She never shared her problems with anybody.
- ▶ Intrauterine history – her mother was very depressed during pregnancy as mother-in-law use to taunt her a lot.

- 
- She was prescribed Natrum mur 200 one dose followed by placebo for weeks.

Case of Alopecia totalis





Case of Hypoplastic uterus




Hypoplastic Uterus

- Hypoplastic uterus is a congenital condition in which there is underdevelopment of the uterus. Symptoms include failure to start having periods at puberty (primary amenorrhoea), abdominal pain, a small or no vaginal opening and infertility.

Presenting complaints

- ▶ A 16 years old female came to us on 4 October, 2013 with complaint of primary amenorrhoea which was diagnosed as hypoplastic uterus and was further confirmed by doctors at Gangaram Hospital, Delhi.

USG – Whole abdomen (20/04/13)

INDO GULF HOSPITAL
....Your Partner In Health Care

NAME:	MS. VANI SHREE	AGE/SEX:	16 Y/F
REF. BY:	SELF	DATE:	20.04.2013
INVESTIGATION:	USG WHOLE ABDOMEN	OPD/IPD:	OPD

Liver is normal in size (13.2cms), shape and echotexture. No focal SOL noted. Vascular channels are clear. No evidence of I.H.B.R. dilatation seen.

Gall Bladder is well distended and reveals normal walls. No evidence of calculus or mass lesion is noted. CBD & PV are normal.

Spleen is normal in size (11.3cms), shape and echotexture. No focal SOL noted.

Pancreas is normal in size, shape & echotexture. No focal SOL noted.

Both Kidneys are normal in size, shape, position, outline & echogenicity. CMD is well preserved. No evidence of calculus/mass lesion or hydronephrosis seen.
Right Kidney measures 86 x 39 mm.
Left Kidney measures 99 x 45 mm.

Urinary Bladder is well distended with normal wall thickness. Lumen is clear. No calculi / mass lesion noted. No diverticulum noted.

Uterus measures 44 x 9mm with normal echotexture. No focal lesion seen.

Both Ovaries are normal in size, shape and echotexture. No adnexal mass noted.
Right ovary measures 19 x 6 mm.
Left ovary measures 13 x 9 mm.

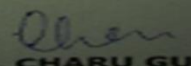
No free fluid is noted. Bowel loops are grossly normal.
No significant lymphadenopathy seen.

IMPRESSION: HYPOPLASTIC UTERUS.

ADVISED: MRI CORRELATION.

This is a professional opinion based on imaging findings and not the diagnosis. It should be correlated clinically and with other relevant investigations to arrive at a proper conclusion. Not valid for medico-legal purposes.

DR. PARUL GARG


DR. CHARU GUPTA
MBBS, DMRD, DNB

MRI – Pelvis (05/05/13)

MR SCAN RESEARCH INSTITUTE

MRI CENTRE, SIR GANGA RAM HOSPITAL
Rajinder Nagar, New Delhi - 110 060
Ph. : 4311 5700 - 30, 4225 1909

RADIOLOGISTS:
DR. ADITI SUD
D.N.B.

DR. SEEMA SUD
D.N.B.

T.B.S. BUXI
M.D.
Head of dept.

Patient name	: VANISHRI	Age/Sex	: 16 Yrs / Female
Reg. no.	: 1283675	Ward no.	:
Imaging No.	: 4491923/12	Room no.	: /
Episode no.	: OP03856308	Location Type	: OutPatient
Location	: MRI	Executed on	: 5/5/2013
Referred by	:	External Doctor	:

Ss
MRI OF THE PELVIS WAS PERFORMED USING SPIN ECHO T1W, TSE T2W AND TIRM IMAGES. SECTIONS WERE TAKEN IN AXIAL, SAGITTAL AND CORONAL PLANES. FLASH 2D AXIAL, DIFFUSION AXIAL IMAGES AT A B VALUE FROM 0 TO 800 MM²/SEC WERE ALSO OBTAINED.

The uterus is small in size and it measures 2 x 1.1cm in its cranio-caudal and antero-posterior axis. The endometrial stripe measures 1 to 2mm in thickness and shows hyperintense signal on T2W images. The junctional zone and the myometrium also display normal MR signals. The endocervical canal and vagina appear normal.

Both ovaries appear normal in size, shape and configuration. The right ovary measures 1.8 x 1.2 x 2cm in its cranio-caudal, transverse and antero-posterior axis and the left ovary measures 1.3 x 1.5 x 1.4cm in its cranio-caudal, transverse and antero-posterior axis. Small follicles are seen in both the ovaries.

Urinary bladder appears normal.

No free fluid is present in the abdominal cavity.
Pelvic bowel loops appear normal.
No evidence of any pelvic lymph node enlargement is seen.

IMPRESSION:
MR findings reveal a hypoplastic uterus.

Seema
DR. SEEMA SUD
RADIOLOGIST



Past History

- She suffered with diarrhoea for about 2 days at one and a half years of age. For this she was given allopathic treatment.



Physical Generals

- Thermal reaction – chilly
- Thirst – thirsty



Mental Generals

- Had cheerful and vivacious disposition.
- Was obstinate and short tempered who had a fight always reacted back. Sometimes she even used to hit back physically.
- Used to resolve fights among students in her school and tuition.



Mental Generals

- Used to speak out if anything went wrong in front of her. She was not able to sit and watch if anything happens wrong.
- Very caring and helpful, used to watch her mother at night whenever her mother was not well, used to help her in household work. Her mother told us that she was very emotional and was not able to see anybody in pain.

Rubrics taken

1. FEMALE GENITALIA/SEX - MENSES - delayed in girls, first menses
2. MIND - REVOLUTIONIST
3. MIND - ABRUPT
4. MIND - OBSTINATE



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	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19
	4	3	3	3	3	3	3	3	3	3	3	3	2	2	2	2	2	2	2
	9	8	6	5	5	5	5	5	5	4	4	3	6	5	5	5	4	4	4
1.	3	2	3	2	3	2	1	2	2	1	1	1	-	-	3	-	-	3	2
2.	1	-	-	-	-	-	-	-	-	-	-	1	-	-	-	-	-	-	-
3.	3	3	2	1	1	2	2	1	1	2	1	-	3	2	-	2	1	1	-
4.	2	3	1	2	1	1	2	2	2	1	2	1	3	3	2	3	3	-	2


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- A black arrow points to the right from the left edge of the slide. Below it, several thin, curved lines in shades of blue and grey sweep across the left side of the slide.
- She was prescribed Causticum 200 one dose followed by placebo.

Follow up

- ▶ Her first menses appeared after 2 weeks of medicine, i.e. on 23rd October, 2013 which lasted for 3 days.
- ▶ She got her next cycle after 49 days, i.e. on 12th December, 2013 for 5 days. This time she had lot of pain in lower abdomen and lower back.
- ▶ Thereafter her cycle became completely normal and regular.

USG – Whole abdomen (15/11/14)

  **INDO GULF PATH LAB**
ISO 15189
ACCREDITED BY NABL (M - 3448)

INDO GULF HOSPITAL 
...Your Partner In Health Care

NAME:	MISS. VANI SHREE	AGE/SEX:	16 Y/F
REF. BY:	SELF	DATE:	15.11.2014
INVESTIGATION:	USG WHOLE ABDOMEN	OPD/IPD:	OPD

Liver is normal in size (13.5 cm) shape and echotexture. No focal SOL noted. Vascular channels are clear. No evidence of I.H.B.R. dilatation seen.

Gall Bladder is well distended and reveals normal walls. No evidence of calculus or mass lesion is noted. CBD measures (2.6 mm). Portal vein measures 8.7 mm and is normal.

Spleen is enlarged in size (13.6 cms), normal in shape and echotexture. No focal SOL noted.

Pancreas is normal in size, shape & echotexture. No focal SOL noted.

Both Kidneys are normal in size, shape, position, outline & echogenicity. CMD is well preserved. No evidence of calculus/mass lesion or hydronephrosis seen.
Right Kidney measures 111 X 41 mm.
Left Kidney measures 111 X 51 mm.

Urinary Bladder is well distended with normal wall thickness. Lumen is clear. No calculi / mass lesion noted. No diverticulum noted.

Uterus is anteverted normal in size, shape and echotexture. No focal lesion seen. Endometrial echo is normal (4.6 mm). Cervix is normal.
Size of Uterus measures 44 x 25 x 38 mm.

Both Ovaries are normal in size, shape and echotexture. No adnexal mass noted.
Right ovary measures 24 x 11 mm.
Left ovary measures 22 x 14 mm.

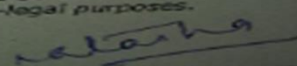
No free fluid is noted. Bowel loops are grossly normal.
No significant lymphadenopathy seen.

IMPRESSION: MILD SPLENOMEGALY.

Please correlate clinically. (RIS)

This is a professional opinion based on imaging findings and not the diagnosis. It should be correlated clinically and with other relevant investigations to arrive at a proper conclusion. Not valid for medico-legal purposes.

DR. NAYAB KHAN
MBBS, DMRD


DR. NATASHA KACKER
MBBS, DNB
Consultant Radiologist



Case of Autism

Presenting complaints

- A 1 year 10 months old male child came to us on 30th September, 2013 with chief complaint of not able to understand the commands properly since April 2013. He was also slow in learning to talk for the last 5-6 months, although earlier he used to say "Hi, Hello, Bye", but not now.

Presenting complaints

- All milestones were normal till he was given MMR and Varicella vaccination on 13th March, 2013 and 15th April, 2013 respectively. After 4-5 months of vaccination he started getting these problems.



Presenting complaints

- He also had chest congestion for last 10 days for which he was on nebulisers twice a day for 1 week but without any relief.



Past History

- Dyspnoea and congestion at the age of months, got admitted in ICU and was nebulised.

Physical Generals

- Thermal reaction – hot
- Thirst – thirsty
- Perspiration – profuse, especially on forehead and scalp, wetting pillow during sleep and used to leave white stain
- Sleep – catnap and restless



Mental Generals

- ▶ Restless, always running here and there, not involving much with other children and used to bite when excited.
- ▶ Liked loud music, earlier used to dance till 1 year of age.
- ▶ Wants to be hugged, to be magnetised when ill.
- ▶ On observation he was happy, smiling and used to walk backwards without falling.

Intra-uterine History

- When parents got married mother's age was 32 years. From the very initial period she was afraid of injections and drip. During last trimester she was stressed due to her mother's illness and used to weep a lot.

- 
- He was prescribed Silicea 200, on dose followed by placebo.



Follow up

- On 05/11/2013 he came with complaint of cold and nasal blockage for which he was given placebo.

Follow up

- After one and a half months his eye contact was better and he learned clapping, bye-bye, jai-jai. Mother told that “*thoda thahraav aaya hai*”. He again had a cold in between and was given placebo.



Follow up

- On 03/01/2014 his mother reported that he had started speaking “Mumma Papa”. Eye contact was also better and was again given placebo.



Thank you...